




AUGUST 2015

USD 466 LUNCH MENU



Mon	Tue	Wed	Thu	Fri
3 <i>The USDA is an equal-opportunity provider and employer</i>	4 Menus are subject to change	5 BREAKFAST IS OFFERED DAILY IN ALL SCOTT COUNTY SCHOOLS Cereal is offered daily at H.S. along with breakfast menu	6 CHOICE OF MILK OFFERED DAILY 	7 <u>Fruit & Vegetable Bar offered daily in all Scott County Schools along with meal</u> *Second choice for M.S. & H.S.
10	11	12	13	14
17	18	19	20 *Hamburger On Bun Submarine Sandwiches Potato Salad Lettuce Leaf & Tomato Slice Chocolate Chips Cookie Watermelon	21 *Burrito Chicken Taco on Soft Shell Fiesta Beans Chips & Salsa Tropical Fruit Cup
24 *Grilled Chicken Wrap Walking Tacos Refried Beans Dinner Roll (M.S. & H.S.) Cantaloupe	25 *Cheesy Baked Fish Chicken Nuggets Tri-Tater Choice of Hot Vegetables Dinner Roll Cherry Crisp & Whip	26 *Chicken Strips Steak Fingers Potatoes & Gravy Green Peas Dinner Roll Strawberries	27 *Egg Rolls Chicken Fajita & Cheese Fried Rice Capri Blend Bread Stick (H.S.) Pineapple Rings	28 *Mighty Rib Hot Dog on a Bun Kraut Oven Baked Fries Pork n Beans Pears
31 * Popcorn Chicken Super Nachos Whole Grain Tortilla Chips Refried Beans Garlic Bread Sticks Pineapple Tidbits			<ul style="list-style-type: none"> Fresh broccoli is exceptionally rich source of vitamin-C; providing 89.2 mg or about 150% of RDA per 100 g. Vitamin-C is a powerful natural anti-oxidant and immune modulator, helps fight against flu causing viruses 	